

COURSE OUTLINE

1. OVERVIEW

FACULTY	FACULTY OF HUMANITIES AND SOCIAL SCIENCES		
SECTION	DEPARTMENT OF PRIMARY EDUCATION		
LEVEL OF STUDY	UNDERGRADUATE		
COURSE TITLE			
Introduction to Psychology			
COURSE CODE	ΨX0101	SEMESTER	1
HOURS per WEEK	4	ECTS	4
COURSE CATEGORY	Compulsory	COURSE TYPE	Scientific area
LANGUAGE OF INSTRUCTION AND EXAMINATIONS	Modern Greek	PREREQUISITES	-
OFFERED TO ERASMUS	NO	ECLASS PAGE	https://eclass.uth.gr/courses/PRE_U_110/

2. LEARNING OUTCOMES

Learning Outcomes
Upon successful completion of the course, students are expected to: Define what is and what is not psychological knowledge Cite important names from the history of psychology and the main positions of the respective theories Define basic psychological concepts and identify these concepts in real-life situations Compare and contrast different theories of the same psychological concept Describe the basic research methods used in psychology Explain the difference between sensation and perception Describe briefly how the senses work Identify the applications of psychophysics in their daily lives Describe how memory works Recognise the failures of memory Define and give examples of the different forms of learning Define emotions and their dimensions Explain what helps and what does not help in regulating our emotional state Distinguish between the different categories of motivation Explain through examples how we think and make decisions Explain what intelligence is and what an intelligence index does and does not show Explain what personality is and what the main personality theories say Give examples of phenomena studied in social psychology
General Competencies
Autonomous work Respect for difference and multiculturality Demonstration of social, professional and moral responsibility and sensitivity to gender issues Critical and self-critical thinking Advancement of free, creative and inductive thinking Scientific stance

3. CONTENT

What is "psychology"? History of Psychology
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Basic elements of research methodology
 Sensations and perception
 Psychophysics
 Memory: Encoding, Storage, Retrieval, Types of memory, Memory failures
 Learning: Definition and forms
 Emotions: Definition, Dimensions, Emotion regulation, Emotional expressions, Rules for expressing emotions
 Motivation, Needs, Motivation, Needs
 Thinking, Decision making, Decision making
 Intelligence
 Personality
 Social Psychology

4. TEACHING AND LEARNING METHODS - ASSESSMENT

TEACHING MODE	In person		
USE OF ICT	Teaching and learning: Slide show Communication: Webmail / eClass / MSteams		
COMPULSORY ATTENDANCE	NO	MAXIMUM NUMBER OF ABSENCES:	
TEACHING ORGANIZATION	Activity		Semester Workload (hours)
	Lectures		52
	Study		58
	Examination		2
	Course total		112
EVALUATION	Type	Format	Weighting
	Final written exam	Multiple Choice Questions	80%
	Group assignments		20%
	Description of other evaluation method / Evaluation criteria: Course evaluation is both formative and summative: The formative component is based on participation in group activities during class, while the summative component is based on the final exam.		

5. RECOMMENDED BIBLIOGRAPHY

Textbooks (Eudoxus)
Schacter, D.L., Gilbert, D.T., Wegner, D.M., & Nock, M.K. (2020). <i>Εισαγωγή στην Ψυχολογία</i> . Gutenberg.
Nolen-Hoeksema, S., Fredrickson, B., Loftus, G., & Lutz, C. (2022). <i>Εισαγωγή στην Ψυχολογία των Atkinson και Hilgard</i> . Εκδόσεις Παπαζήση.
Other Books & Notes
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Scientific Journals
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Scientific Articles
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Other
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