COURSE OUTLINE

1. OVERVIEW

FACULTY	FACULTY OF HUMANITIES AND SOCIAL SCIENCES
SECTION	DEPARTMENT OF PRIMARY EDUCATION
LEVEL OF STUDY	UNDERGRADUATE

COURSE TITLE			
Introduction to Psychology			
COURSE CODE	ΨΧ0101	**SEMESTER**	1
HOURS per WEEK	4	**ECTS**	5
COURSE CATEGORY	Compulsory	**COURSE TYPE**	Scientific area
LANGUAGE OF INSTRUCTION AND EXAMINATIONS	Modern Greek	**PREREQUISITES**	-
OFFERED TO ERASMUS	NO	**ECLASS PAGE**	https://eclass.uth.gr/courses/PRE_U_110/

2. LEARNING OUTCOMES

Learning Outcomes

Upon successful completion of the course, students are expected to:

- Define what is and what is not psychological knowledge
- Cite important names from the history of psychology and the main positions of the respective theories
- Define basic psychological concepts and identify these concepts in real-life situations
- Compare and contrast different theories of the same psychological concept
- Describe the basic research methods used in psychology
- Explain the difference between sensation and perception
- Describe briefly how the senses work
- Identify the applications of psychophysics in their daily lives
- Describe how memory works
- Recognise the failures of memory
- Define and give examples of the different forms of learning
- Define emotions and their dimensions
- Explain what helps and what does not help in regulating our emotional state
- Distinguish between the different categories of motivation
- Explain through examples how we think and make decisions
- Explain what intelligence is and what an intelligence index does and does not show
- Explain what personality is and what the main personality theories say
- Give examples of phenomena studied in social psychology

General Competencies

Autonomous work

Respect for difference and multiculturality

Demonstration of social, professional and moral responsibility and sensitivity to gender issues

Critical and self-critical thinking

Advancement of free, creative and inductive thinking

Scientific stance

3. CONTENT

What is "psychology"?
History of Psychology

Basic elements of research methodology
Sensations and perception
Psychophysics
Memory: Encoding, Storage, Retrieval, Types of memory, Memory failures
Learning: Definition and forms
Emotions: Definition, Dimensions, Emotion regulation, Emotional expressions, Rules for expressing emotions
Motivation, Needs, Motivation, Needs
Thinking, Decision making, Decision making
Intelligence
Personality
Social Psychology

4. TEACHING AND LEARNING METHODS - ASSESSMENT

TEACHING MODE	In person		
USE OF ICT	Teaching and learning: Slide show Communication: Webmail / eClass / MSteams		
COMPULSORY ATTENDANCE	NO	MAXIMUM NUMBER OF ABSENCES:	

TEACHING ORGANIZATION	Activity	Semester Workload (hours)
	Lectures	52
	Essay writing	20
	Study	51
	Examination	2
	Course total	*125*

EVALUATION	Tyepe	Format	Weighting
	Final written exam	Multiple Choice Questions	75%
	Written assignment / report / performance / dossier		25%

Description of other evaluation method / Evaluation criteria:
In the course of the semester, 10 short papers are assigned. Students choose to answer 5 of them. One feedback is given per assignment. Each assignment is graded with 0 if it is unsatisfactory or with 0,5 if it is satisfactory. The assignments represent 2.5 points of the final grade.

5. RECOMMENDED BIBLIOGRAPHY

Textbooks (Eudoxus)
Schacter, D.L., Gilbert, D.T., Wegner, D.M., & Nock, M.K. (2020). *Εισαγωγή στην Ψυχολογία*. Gutenberg.
Nolen-Hoeksema, S., Fredrickson, B., Loftus, G., & Lutz, C. (2022). *Εισαγωγή στην Ψυχολογία των Atkinson και Hilgard*. Εκδόσεις Παπαζήση.

Other Books & Notes
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Scientific Journals
-

Scientific Articles
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Other
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